

# Infections

Based on 15 human randomized controlled trials

## WAVELENGTHS

|        |           |
|--------|-----------|
| 660 nm | 2 studies |
| 810 nm | 1 studies |
| 425 nm | 1 studies |
| 940 nm | 1 studies |
| 904 nm | 1 studies |

## DOSE RANGE

Min: 0.95 J/cm<sup>2</sup> | Median: 45.4 J/cm<sup>2</sup> | Max: 140.0 J/cm<sup>2</sup>

■ Biphasic warning: doses >50 J/cm<sup>2</sup> may have diminishing effects

## COMMON PROTOCOLS

1. 660nm, 45.4 J/cm<sup>2</sup>, 10 sessions, 3x/week
2. 810nm, 45.4 J/cm<sup>2</sup>, 10 sessions, 3x/week
3. 425nm, 45.4 J/cm<sup>2</sup>, 10 sessions, 3x/week

## SESSION RANGE

1–30 sessions (median: 10)

## DISCLAIMER

This card summarizes published research parameters only. It is not medical advice. Consult your healthcare practitioner before starting any treatment.

Source: PBM Research Database | [redlightos.com/research](https://redlightos.com/research)